

Improvisation & Performance

with Alice Cummins

17th June – 8th July 2009

Come and taste another approach to **performance and improvisation**. The first half of the workshops will be focusing on a deep body warm-up, followed by duet, trio and group improvisations. Structures and scores will be offered to encourage awareness, increase your choices and challenge your skills. The second half is for solo or duet performance followed by feedback. Through a practice of sustained awareness and listening we will create performances that are intelligent, spacious, tender and alive. These workshops offer the space to develop a practice of listening and the opportunity to articulate your experience as both performer and audience. Feedback is a strong part of my philosophical approach to teaching. Come willing to be provoked, challenged and inspired.

Alice Cummins

Alice returns to Melbourne in June, fresh from her experience of teaching in the US and working with New York choreographer RoseAnne Spradlin, a recent Guggenheim recipient. Alice performs and teaches throughout Australia. She has worked collaboratively with musicians, writers, visual artists and film-makers as well as creating solo work. Alice's career has spanned the leap from classical to post-modern dance, and she has studied and been inspired by Nancy Stark-Smith, Lisa Nelson, Steve Paxton and Julyen Hamilton amongst other luminaries of the post-modern dance world.

Alice has taught at universities in Sydney and Perth within theatre, dance, visual art and interior architecture departments and has also developed her teaching in many different contexts: often outside of institutions and the traditional places for the transference of performance knowledge. In 2005 she was invited to teach Ricochet Dance Co in London. Her work has been written about and published in Contact Quarterly (US) and Dancers and Communities (Australia). Alice has been a mentor to a generation of Australia dance and theatre artists. She has a Masters from Victoria University.

Alice's approach is accessible to people from diverse backgrounds, she welcomes the richness and contribution of this in the learning and sharing of knowledge.

Dates: 17th June – 8th July (4 weeks)

Time: Wednesdays 6pm – 9pm

Venue: Cecil St Studio, 66 Cecil Street Fitzroy

Cost: \$150 (full payment to be made by 1st workshop)
\$120 (first 2 hours)

FURTHER ENQUIRIES

0419 227800

info@footfall.com.au

www.alicecummins.com

BOOKING FORM

I enclose payment of \$ for *improvisation & performance*

Name

Address Postcode

Tel Email

Direct payment: NAB BSB: 082 057 ACC: 55958 5230

Make cheques etc. payable to: FOOTFALL and post to PO BOX 622 EAST MELBOURNE 8002

Confirmation will be sent on receipt of payment

image: Pascal Veyradier

