



## SOMATIC WISDOM APPLICATION GUIDELINES

### WHO IS ALICE?

- Alice is the director of the Somatic Wisdom program. She is a dance artist, Body-Mind Centering® Practitioner and internationally qualified Registered Master Somatic Movement Educator & Therapist (ISMETA).

### WHAT & WHERE DOES ALICE TEACH?

- Alice offers workshops and private sessions in Melbourne, Sydney and Perth.
- These workshops and classes are an incredible opportunity to learn from Alice.
- They are also a great way to accumulate the **50 pre-requisite hours** needed for further study with Alice in the Somatic Wisdom program.

### WHAT IS THE SOMATIC WISDOM PROGRAM?

- Somatic Wisdom is an ISMETA Approved Training Program enabling graduates to become **Registered Somatic Movement Educators & Therapists (RSME/T)**.
- The program currently involves 11 x 5-day immersive timeframes.
- Each of the ten modules focuses on a specific system of the bodymind, human development and professional practice.
- Two – three modules are offered each year.
- The program currently takes place in Perth, Western Australia.
- The maximum number of students participating in each module is 8-9.

## FEES

- Each 5-day module includes tuition, notes and materials
- **Total fee per module is \$1250**

## WHO CAN APPLY TO THE SOMATIC WISDOM PROGRAM?

- The Somatic Wisdom program requires an application process. **All applicants** interested in the program need to have studied (workshops/private sessions) with Alice or participated in private consultations to assess compatibility with her teaching style and approach.
- Individuals should check the following categories before enquiring further:
  - **Completed 50 hours of pre-requisite study:**  
Individuals who have completed the required hours in Alice's workshops/private sessions please contact her for an Application Form.
  - **No prior study with Alice but holds related professional qualifications:**  
Individuals who have not participated in workshops/private sessions but have professional qualifications that may be relevant to the program (e.g. Alexander Technique or Feldenkrais).

These applicants will be assessed by Alice for their capacity and readiness for the program. To assist in this, individuals will need to send Alice details of their professional study and experience prior to booking three x 1 hour consultations (\$150 each). Please contact Alice to arrange consultations.

- **No prior study with Alice and no related professional qualifications:**  
Before being considered for the program individuals will need to book into Alice's workshops and/or private sessions to accumulate the 50 pre-requisite hours. Contact Alice to register for workshop updates.

## IS THE SOMATIC WISDOM PROGRAM FOR EVERYONE?

The Somatic Wisdom program is for you if you:

- a) are committed to the duration of the program
- b) understand it is an in-depth study of the moving body and the process of embodiment takes time
- c) are interested in self-directed learning and peer-to-peer engagement